










## **About the Western Region Academy of Sport (WRAS)**

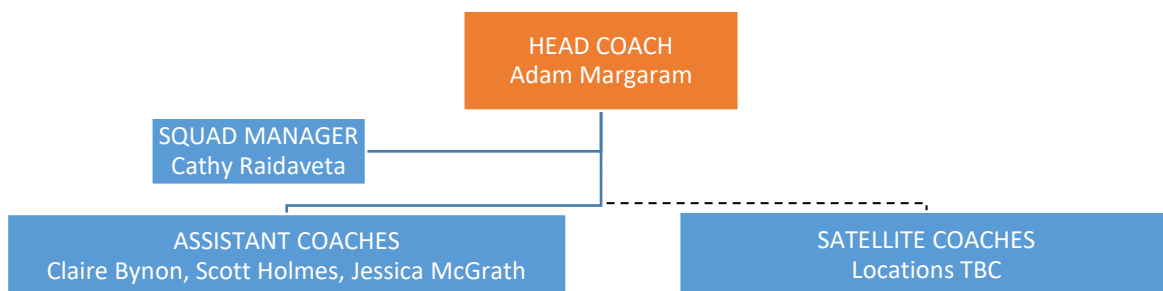
Established in 1991, WRAS is a non-profit organisation which aims to assist young athletes from the region to achieve sporting excellence. The Academy is one of 11 regional academies in NSW supported by the NSW Government. The WRAS catchment covers a geographical region of 91,522 square kilometres which includes 17 local government regions.

## **About the WRAS Basketball Program**


The 2024 basketball program will run September 2023 – April 2024 (with the athletes and coaches to be recognised for their achievements at our annual awards night in June/July 2024). A senior squad and development squad will be selected. Athletes from the U18 age group may be included to train with the senior and development squads. The program will involve:

-  Online induction – September 2023 (introduction to WRAS)
-  Orientation weekend 21-22 October (squad meetings, sports science testing, uniform handout, squad training)
-  5 squad training days between September 2023 and 2024 Academy Games (training day locations will rotate between within the western region)
-  Inter-Academy camp (weekend training camp with coaches and athletes from other regional academies)
-  Senior squad only – 2024 Academy Games (Wagga Wagga – 12-14 April 2024)
-  Athletes are expected to attend weekly hometown satellite training sessions
-  WRAS athletes are expected to attend a Country Development Program camp.
-  Education workshops
-  Strength and Conditioning sessions (for senior squad and U18 athletes)

## **Basketball Squad Staffing Structure**



Positions available for 2024 program include:

-  **Satellite Coaches** - training locations will be finalised after 2024 squads has been selected. Locations could include Bathurst, Dubbo, Lithgow, Mudgee and Orange.

All positions are voluntary.

Satellite coaches will be provided a WRAS polo shirt to wear at the weekly satellite training sessions.

A 'Working with Children Check' is a prerequisite for all WRAS squad staff. Squad staff are also expected to complete Child Protection training, as advised by the WRAS office, before the commencement of the WRAS program.

## **Satellite Coaches** report to the Head Coach

- Run weekly satellite/hometown training sessions – weekdays after school hours using a training program provided by the Head Coach
- Satellite coaches are not required to attend Inter-Academy Camp, Academy Games or squad training day. They are welcome to attend at own cost if they would like to.

This is not an exhaustive list of the responsibilities – it is to give applicants an idea of the responsibilities.

For information:

## **Head Coach** – responsible for leading the program in collaboration with WRAS office

- Preferably hold a Level 2 qualification (or currently hold a Level 1 qualification, working towards obtaining Level 2)
- Coaching experience at representative level or with high performance players
- Good communication and organisational skills and the ability to lead a small team
- Required to attend all squad training days/camps including Orientation, Academy Games, Inter-Academy Camp and presentation night

## **Assistant Coaches** - reports to the Head Coach and may be required to assist the athletes with their home programs.

- Currently hold a Club Coach (level 1) qualification or higher
- Coaching experience at representative level or with high performance players
- Good communication and organisational skills and the ability to work as a part of a small team
- Required to attend all squad training days/camps including Orientation, Academy Games, Inter-Academy Camp and presentation night

## **Manager** - reports to the Head Coach and also liaises with the WRAS Sports Program Manager on a regular basis

- Could hold a sports administration or coaching qualification or have experience as a manager of a representative team
- Good communication and organisational skills and the ability to work as a part of a small team anticipating the needs of the squad and squad staff
- General assistance with the program organisation as required by the Head Coach and WRAS Sports Program Manager. Examples include; submitting event reports after training sessions, recording attendance at events, arranging water and ice on hot days, general supervision of athletes, etc.
- Required to attend all squad training days/camps including Orientation, Academy Games, Inter-Academy Camp and presentation night

This is **not** an exhaustive list of the squad staff responsibilities – it is to give applicants an idea of the responsibilities.