



2018 AFL SQUAD PRELIMINARY INFORMATION



Eligibility

- The WRAS 2018 AFL program will cater for pre-elite female athletes turning 14, 15 or 16 in 2018
- No AFL club experience required
- Must reside within the WRAS local government boundaries: Bathurst Regional, Bland (includes West Wyalong), Blayney, Cabonne, Cowra, Dubbo Regional, Forbes, Gilgandra, Hilltops (includes Boorowa and Young), Lachlan (includes Condobolin), Lithgow, Mid Western Regional (includes Mudgee), Narromine, Oberon, Orange, Parkes and Weddin (includes Grenfell)

Trial

Saturday 24 February 2018 at Charles Sturt University, Bathurst Campus.

Proposed program

- The program will run February 2018 - May 2018
- Athletes can expect to receive 5 squad training sessions as well as optional weekly satellite training sessions
- WRAS training and competition uniform
- A team will be selected to compete at the Academy Games Tournament 27 - 29 April 2018 at Newcastle. From this tournament, AFL NSW/ACT will select an U16 state side to go into camp in Albury on the June long weekend and play against VIC Country.
- Athletes will also receive education sessions in person and online in Nutrition, Psychology, Drugs in Sport and Youth Leadership

Selection criteria

To be considered for the squad, AFL athletes must submit the 'WRAS AFL trial for 2018 squad' nomination form that is available on the WRAS website <http://wras.org.au/> by 5pm Tuesday 20 February 2018.

The following selection criteria MAY be taken into consideration during the entire selection process:

- **Performance and results at specific events** - these events may include any formal event observed by a member of the selection panel, local competitions, trainings, state championships or competitions
- **Physical attributes and capabilities** - sports specific as determined by State Sport Organisation and selection panel
- **Technical competence** - core skills as demonstrated in training and competition
- **Tactical awareness** - including decision making, ability to implement team strategies and spatial awareness
- **Potential to improve** - demonstrated attitude to become an exceptional player, be highly receptive to coaching, present performance level relative to past performances
- **Competitive ability** - mental toughness, strength of character, temperament, determination, commitment, persistence, performing in adverse conditions and coping with setbacks/constructive criticism
- **Individual application** - in training and competition, including attendance, availability and enthusiasm
- **Team squad orientation** - an individual's ability to be socially compatible, to display a sense of team ethic and to influence the squad in a positive manner
- **Behaviour** - including reports of misconduct at any event sanctioned by Hockey NSW or local clubs

Athletes who are not selected will be able to request feedback on their non-selection by submitting a WRITTEN request to the WRAS office within one week of notification of selection outcomes. Feedback will be given within two weeks of the receipt of the request. If athletes, parents or coaches approach any member of the selection committee directly their right to feedback will be forfeited.

Please remember - subjectivity is an unavoidable element in all selections. Athletes who feel that the selection criteria has not been adhered to should be aware that there is a formal 'Appeals' process available by contacting the WRAS office.

Cost

All WRAS athletes pay an athlete levy. The amount of the 2018 levy will be advised upon selection of the squad. Selected athletes will have the option of fundraising through the WRAS 'Friends of the Academy Program'.